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INDOOR TRACK & FIELD
RECORD BOOK

SECSPORTS.COM



2023 SEC WOMEN'S INDOOR TRACK & FIELD RECORD BOOK

Southeastern Conference Communications

2201 Richard Arrington Blvd. North
Birmingham, AL 35203
(205) 458-3000



HERB VINCENT
Associate Commissioner
hv Vincent@sec.org



TAYLOR BRASHER
Director of Social &
Digital Media
tbrasher@sec.org



CHUCK DUNLAP
Director
cdunlap@sec.org
Football
Golf



CRAIG PINKERTON
Director
cpinkerton@sec.org
Men's Basketball
Soccer



TAMMY WILSON
Director
twilson@sec.org
Women's Basketball
Tennis



BEN BEATY
Assistant Director
bbeaty@sec.org
Baseball
Football
Track/Cross Country



JILL SKOTARCZAK
Assistant Director
jskotarczak@sec.org
Gymnastics
Softball
Swimming
Volleyball



JEAN MARIE JENKINS
Edward Aschoff SEC
Digital Communications
Intern
jjenkins@sec.org

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All-Time SEC Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	TAMU	VU
Baseball	14	3	6	13	6	1	17	7	11		3	4		7
M BKB	8	2	4	7	1	49	11		6		1	10	1	3
W BKB			5		7	2	3	1	2		6	18	1	
M XC	3	27	6	3		4		2	5			25		
W XC	2	22		6		3						5		1
Equestrian			5		3						2			
Football	29		8	8	13	2	12	6	1			13		
M Golf	5	2	4	15	29	1	16	1	2			3		3
W Golf	3	1	10	9	11		2	1			1		1	2
Gymnastics	9			14	16		3							
Soccer		3	1	14		1					3	3	3	3
Softball	6	2		9	2		5				1	1		
M S&D	2		18	43	3		1					10		
W S&D	1		5	17	12	1						2	4	
M Tennis	1		2	12	31	2	5	5	3			9	3	
W Tennis	1			29	12	1							2	2
M In. T&F	6	24	4	8		1	4					18		
W In. T&F	1	15		8	1		12					4		
M Out.T&F	3	21	4	6	1		23		1			25	2	
W Out.T&F	2	9		7	2		13				3	4	1	
Volleyball				24	2	8	5			2		4	1	
Wrestling*			5	1		2	4							
Boxing*							5							
TOTAL	96	131	87	253	152	79	141	23	31	2	20	158	19	21

The SEC Champion is determined by regular season competition in baseball, men's basketball, women's basketball, football, gymnastics, soccer, softball, men's tennis, women's tennis, and volleyball. It's determined by a meet or tournament in men's cross country, women's cross country, equestrian, men's golf, women's golf, men's indoor track & field, women's indoor track & field, men's outdoor track & field, and women's outdoor track & field.

*Discontinued Sport

All-Time Team National Champions (All Sports)

	UA	AR	AU	UF	UG	UK	LSU	UM	MS	MU	SC	UT	AM	TUL^	VU	TOTAL
Baseball				1	1		6	1	1		2				2	14
M BKB		1		2		8										11
W BKB											2	8				10
W BOWL															2	2
M XC		7										1				8
W XC		1				1										2
Equestrian+			4		2						1		1			8
Football	13		2	3	2		4	1				2				27
M Golf	2			4	2		5									13
W Golf	1			2	1			1								5
Gymnastics	6			3	10											19
Rifle						4										4
Soccer				1												1
Softball	1			2												3
M S&D			8	2								1				11
W S&D			5	2	7											14
M Tennis				1	6									1		8
W Tennis				7	2										1	10
M In. T&F		12		5			2					1	1			21
W In. T&F		3		2	1		11					2				19
M Out.T&F		11		5	1		5					3	1			26
W Out.T&F		2	1	1			15				1		1			21
Volleyball						1										1
Boxing*							1									1
TOTAL	23	37	20	43	35	14	49	3	1	0	6	18	4	1	5	259

^No longer member of SEC

*Discontinued Sport

+Non-NCAA Sport



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All-Time SEC Team Champions

Year	Champion	Pts	Site
1984	Tennessee	148.5	Baton Rouge, La.
1985	LSU	172	Baton Rouge, La.
1986	Vacated		Baton Rouge, La.
1987	LSU	187.5	Gainesville, Fla.
1988	LSU	141	Baton Rouge, La.
1989	LSU	137	Baton Rouge, La.
1990	Florida	117	Gainesville, Fla.
1991	LSU	117	Baton Rouge, La.
1992	Florida	139	Gainesville, Fla.
1993	LSU	133	Baton Rouge, La.
1994	Alabama	113	Gainesville, Fla.
1995	LSU	116	Baton Rouge, La.
1996	LSU	96.5	Lexington, Ky.
1997	Florida	131	Gainesville, Fla.
1998	LSU	95	Baton Rouge, La.
1999	LSU	114	Gainesville, Fla.
2000	Arkansas	140	Fayetteville, Ark.
2001	Arkansas	137	Lexington, Ky.
2002	Florida	147	Fayetteville, Ark.
2003	Arkansas	129	Gainesville, Fla.
2004	Florida	105.5	Lexington, Ky.
2005	Tennessee	135.5	Fayetteville, Ark.
2006	Georgia	101.5	Gainesville, Fla.
2007	Tennessee	120	Lexington, Ky.
2008	LSU	133	Fayetteville, Ark.
2009	Tennessee	111	Lexington, Ky.
2010	Florida	110	Fayetteville, Ark.
2011	LSU	135	Fayetteville, Ark.
2012	Florida	132	Lexington, Ky.
2013	Arkansas	114.5	Fayetteville, Ark.
2014	Florida	102	College Station, Texas
2015	Arkansas	130	Lexington, Ky.
2016	Arkansas	110	Fayetteville, Ark.
2017	Arkansas	106.5	Nashville, Tenn.
2018	Arkansas	108	College Station, Texas
2019	Arkansas	151	Fayetteville, Ark.
2020	Arkansas	102	College Station, Texas
2021	Arkansas	141	Fayetteville, Ark.
2022	Arkansas	127.5	College Station, Texas

SEC Championship Totals

LSU (12); Arkansas (12); Florida (9); Tennessee (4); Alabama (1); Georgia (1).

2022 Results - College Station, Texas

1. Arkansas (127.5); 2. Florida (97); 3. Kentucky (79); 4. LSU (64); 5. Ole Miss (63.5); 6. Tennessee (50); 7. Texas A&M (48); 8. Alabama (28); 9. Georgia (23); 10. Auburn (20); 11. Mississippi State (28); 12. South Carolina (17); 13. Vanderbilt (16); 14. Missouri (11)

2022 Awards

Runner of the Year: Abby Steiner, Kentucky
Field Athlete of the Year: Jasmine Moore, Florida
Freshman Runner of the Year: Sydney Thorvaldson, Arkansas
Freshman Field Athlete of the Year: Elena Kulichenko, Georgia
Scholar-Athlete of the Year: Abby Steiner, Kentucky
Coach of the Year: Lance Harter, Arkansas

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SEC Championship Year-by-Year Team Results

1984	1990	1995	6. Georgia	44	12. Alabama	2
1. Tennessee	1. Florida	1. LSU	7. Alabama	35		
2. Georgia	2. LSU	2. Georgia	8. Ole Miss	30	2004	
3. Alabama	3. Tennessee	3. Arkansas	9. Auburn	27	1. Florida	105.5
4. Florida	4. Alabama	4. Tennessee	10. Kentucky	26	2. Tennessee	99.5
5. Kentucky	5. Auburn	5. Florida	11. Vanderbilt	18	3. LSU	84.5
6. LSU	6. Kentucky	6. Auburn	12. Mississippi State	2	4. Georgia	81
7. Auburn	7. Georgia	7. Alabama			5. South Carolina	72
	8. Mississippi State	8. South Carolina	2000		6. Arkansas	50.5
	9. Ole Miss	9. Kentucky	1. Arkansas	140	7. Auburn	48
1985		10. Ole Miss	2. Florida	96	8. Kentucky	42
1. LSU	1991	11. Mississippi State	3. South Carolina	94	T9. Vanderbilt	25
2. Florida	1. LSU	12. Vanderbilt	4. LSU	65	T9. Alabama	25
3. Tennessee	2. Florida		5. Georgia	62	11. Mississippi State	21
4. Alabama	3. Tennessee	1996	6. Auburn	47.50	12. Ole Miss	9
5. Georgia	4. Alabama	1. LSU	7. Alabama	43		
6. Auburn	5. Auburn	2. Auburn	8. Tennessee	35	2005	
7. Kentucky	6. Kentucky	3. Georgia	9. Ole Miss	18	1. Tennessee	135.5
	7. Georgia	4. Florida	T10. Mississippi State	8	2. Arkansas	120
1986	8. Vanderbilt	5. South Carolina	T10. Vanderbilt	8	3. LSU	75.5
1. Alabama	9. Ole Miss	6. Arkansas	12. Kentucky	7.5	4. Florida	74.5
2. LSU		7. Tennessee			5. South Carolina	70.5
3. Tennessee	1992	8. Kentucky	2001		6. Georgia	54
4. Florida	1. Florida	9. Vanderbilt	1. Arkansas	137	7. Auburn	46
5. Georgia	2. LSU	10. Alabama	2. Florida	109	8. Alabama	36
6. Kentucky	3. Arkansas	11. Ole Miss	3. South Carolina	90	9. Vanderbilt	19
7. Auburn	4. Tennessee	12. Mississippi State	4. LSU	77	10. Kentucky	14
	5. Alabama		5. Georgia	61.5	11. Ole Miss	10
1987	6. Auburn	1997	6. Ole Miss	31	12. Mississippi State	8
1. LSU	7. Georgia	1. Florida	7. Auburn	30		
T2. Alabama	8. Mississippi State	2. LSU	8. Alabama	26	2006	
T2. Florida	9. Ole Miss	3. Auburn	9. Kentucky	21.5	1. Georgia	101.5
4. Tennessee	10. South Carolina	4. South Carolina	10. Tennessee	16	2. Auburn	96
5. Georgia	11. Vanderbilt	5. Kentucky	11. Mississippi State	13	3. South Carolina	78.5
6. Kentucky	12. Kentucky	6. Georgia	12. Vanderbilt	11	4. Tennessee	78.5
7. Auburn		T7. Arkansas			5. Arkansas	73
8. Mississippi State	1993	T7. Tennessee	2002		6. Alabama	70.5
	1. LSU	9. Vanderbilt	1. Florida	147	7. LSU	62.5
1988	2. Florida	10. Mississippi State	2. Arkansas	139	8. Florida	45.5
1. LSU	3. Arkansas	11. Ole Miss	3. LSU	100	9. Kentucky	26
2. Alabama	4. Alabama	12. Alabama	4. South Carolina	89	10. Ole Miss	16
3. Tennessee	5. Tennessee		5. Auburn	71	11. Mississippi State	13
4. Kentucky	6. Auburn	1998	6. Georgia	26	12. Vanderbilt	2
5. Florida	7. Georgia	1. LSU	7. Tennessee	21		
6. Auburn	8. Kentucky	2. Arkansas	8. Kentucky	19	2007	
7. Georgia	T9. Ole Miss	3. Florida	9. Mississippi State	15	1. Tennessee	120
8. Mississippi State	T9. South Carolina	4. South Carolina	10. Vanderbilt	13	2. Georgia	103
	11. Vanderbilt	5. Auburn	11. Alabama	11	3. LSU	101
1989	12. Mississippi State	6. Tennessee	12. Ole Miss	9	4. Arkansas	83
1. LSU		7. Georgia			5. South Carolina	52
2. Tennessee	1994	8. Vanderbilt	2003		6. Florida	42
3. Kentucky	1. Alabama	9. Kentucky	1. Arkansas	129	7. Kentucky	40
4. Florida	2. LSU	10. Mississippi State	2. South Carolina	108.5	8. Auburn	39.5
5. Alabama	3. Arkansas	11. Ole Miss	3. Florida	105	9. Ole Miss	36
6. Auburn	4. Tennessee	12. Alabama	4. LSU	88	10. Alabama	21.5
7. Georgia	5. Kentucky		5. Auburn	62	11. Vanderbilt	15
8. Vanderbilt	6. Auburn	1999	6. Georgia	55.5	12. Mississippi State	10
9. Mississippi State	7. Florida	1. LSU	7. Kentucky	48		
10. Ole Miss	8. South Carolina	2. Florida	8. Mississippi State	29	2008	
	9. Georgia	3. South Carolina	9. Tennessee	25	1. LSU	133
	10. Ole Miss	4. Arkansas	10. Vanderbilt	9	2. Tennessee	116
	11. Mississippi State	5. Tennessee	11. Ole Miss	2	3. Arkansas	93
	12. Vanderbilt					



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4. Florida	90
5. Kentucky	57
6. Ole Miss	49
7. Alabama	43
8. Auburn	27
9. South Carolina	20.5
10. Georgia	14.5
11. Mississippi State	12
12. Vanderbilt	8

2009

1. Tennessee	111
2. LSU	105
3. Arkansas	97
4. Florida	84
5. South Carolina	57
6. Auburn	54
7. Kentucky	49.5
8. Ole Miss	32
9. Mississippi State	28
10. Alabama	26.5
11. Georgia	14
12. Vanderbilt	5

2010

1. Florida	110
2. Arkansas	82
3. LSU	79.5
4. Tennessee	77
5. Georgia	65.5
6. Auburn	55
7. South Carolina	53
8. Alabama	51
9. Kentucky	38
10. Ole Miss	30
11. Mississippi State	16
12. Vanderbilt	5

2011

1. LSU	135
2. Arkansas	118
3. Tennessee	78
4. Auburn	57
5. Florida	55
6. Georgia	54
7. South Carolina	51
8. Kentucky	38
9. Alabama	33
10. Ole Miss	24
11. Vanderbilt	10
12. Mississippi State	9

2012

1. Florida	132
2. LSU	109
3. Arkansas	99
4. Tennessee	68
5. Georgia	52
6. Auburn	49
7. Mississippi State	35
8. Ole Miss	34
9. Alabama	32
10. South Carolina	31
11. Vanderbilt	15

12. Kentucky	7
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2013

1. Arkansas	114.5
2. LSU	109.5
3. Texas A&M	88
4. Florida	87.5
5. Georgia	52.5
6. South Carolina	50
7. Kentucky	34
8. Tennessee	29
9. Missouri	28
10. Alabama	25
11. Mississippi State	18
12. Ole Miss	11
13. Auburn	9
14. Vanderbilt	5

2014

1. Florida	102
2. Texas A&M	96.50
3. Arkansas	93.50
4. Kentucky	72
5. Georgia	64.50
6. LSU	47
7. Tennessee	35
8. Mississippi State	32
9. Missouri	29.50
10. Alabama	27
11. Auburn	25
12. South Carolina	21.50
13. Vanderbilt	15.50

2015

1. Arkansas	130
2. Florida	102
3. Texas A&M	81.90
4. Kentucky	76
5. LSU	51
6. Georgia	50
7. Mississippi State	36.70
8. Alabama	34
9. Missouri	32
10. Tennessee	22
11. Auburn	21
12. Vanderbilt	18.20
13. Ole Miss	14.20
14. South Carolina	9

2016

1. Arkansas	110
2. LSU	67
3. Georgia	65
4. Tennessee	64
4. Florida	64
6. Kentucky	48
7. Texas A&M	44
8. Alabama	43
9. Mississippi State	42
10. Auburn	33
11. South Carolina	26
12. Vanderbilt	24
13. Missouri	17
14. Ole Miss	16

2017

1. Arkansas	106.5
2. LSU	94
3. Kentucky	72
4. Georgia	64
5. Ole Miss	61.5
6. Alabama	51
7. Texas A&M	47
8. Florida	45
9. Mississippi State	30.5
10. Missouri	30
11. Auburn	26
12. Tennessee	14.5
13. South Carolina	9
13. Vanderbilt	9

2018

1. Arkansas	108
2. Georgia	84.5
3. Kentucky	74
4. LSU	63
5. Texas A&M	62
6. Florida	61
7. Ole Miss	42
8. Alabama	37
9. Missouri	35.5
10. Mississippi State	31
11. Tennessee	21
12. South Carolina	17
13. Auburn	16
14. Vanderbilt	11

2019

1. Arkansas	151
2. Texas A&M	70
3. Alabama	67
4. Florida	61
5. LSU	58
6. Kentucky	51
7. Georgia	49
8. Tennessee	40
9. Auburn	37
10. Missouri	25
11. Ole Miss	20
12. South Carolina	14
13. Mississippi State	10
14. Vanderbilt	9

2020

1. Arkansas	102
2. LSU	87.5
3. Georgia	78
4. Alabama	67
5. Kentucky	63
6. Texas A&M	58
7. Florida	45
8. Ole Miss	43
8. Tennessee	43
10. Missouri	24.5
11. Auburn	19
12. South Carolina	18
13. Mississippi State	9
14. Vanderbilt	6

2021

1. Arkansas	141
2. Florida	81
3. Georgia	69
4. LSU	62
5. Kentucky	57
6. Alabama	56
7. Ole Miss	50
8. Texas A&M	38
9. Tennessee	32
10. Auburn	30.5
11. Missouri	18
12. South Carolina	13
13. Mississippi State	11.5
14. Vanderbilt	3

2022

1. Arkansas	127.5
2. Florida	97
3. Kentucky	79
4. LSU	64
5. Ole Miss	63.5
6. Tennessee	50
7. Texas A&M	48
8. Alabama	28
9. Georgia	23
10. Auburn	20
11. Mississippi State	28
12. South Carolina	17
13. Vanderbilt	16
14. Missouri	11

SEC Championship Meet Records

Running Events

Event	Name (School)	Time	Year
55m	Dawn Sowell (LSU)	6.58	1989
55m Hurdles	Michelle Freeman (Florida)	7.34	1992
60m	Remona Burchell (Alabama)	7.08	2015
60m Hurdles	Tonea Marshall (LSU)	7.89	2020
200m	Abby Steiner (Kentucky)	22.09	2022
400m	Sydney McLaughlin (Kentucky)	50.52	2018
800m	Athing Mu (Texas A&M)	1:58.40	2021
Mile	Dominique Scott (Arkansas)	4:32.49	2015
3,000m	Joyce Kimeli (Auburn)	8:56.02	2021
5,000m	Mercy Chelangat (Alabama)	15:43.64	2022
4x400m Relay	Arkansas (Effiong, Hollis, Maloney, Wilson)	3:24.09	2022
Distance Medley Relay	Ole Miss (Elkin, Eckford, Winn, Vissa)	10:56.39	2022

Field Events

Event	Name (School)	Mark	Year
High Jump	Logan Boss (Mississippi State) / Ellen Ekholm (Kentucky) / Lamara Distin (Texas A&M)	1.91m/6-3.25	2018 / 2020 / 2022
Long Jump	Elva Goulbourne (Auburn)	6.91m/22-8	2002
Triple Jump	Keturah Orji (Georgia)	14.32m/46-11.75	2017
Shot Put	Raven Saunders (Ole Miss)	19.07m/62-6.75	2017
Weight Throw	Stamatia Scarvelis (Tennessee)	24.06m/78-11	2019
Pole Vault	Alexis Jacobus (Arkansas)	4.68m/15-4.25	2019

Pentathlon

Event	Name (School)	Time/Mark	Year
Total Points	Kendell Williams (Georgia)	4,686	2017
60m Hurdles	Kendell Williams (Georgia)	8.04	2017
High Jump	Makeba Alcide (Arkansas)	6-1.50	2013
Shot Put	Beyonka McDowell (Arkansas)	45-8	2005
Long Jump	Kendell Williams (Georgia)	21-3.5	2017
800m	Nikki Stephens (Florida)	2:12.28	2018

Former Championship Events

Event	Name (School)	Time	Year
60y	Gwen Torrence (Georgia)	6.18	1985
60y Hurdles	Rosalind Council (Auburn)	7.67	1986
300y	Gwen Torrence (Georgia)	33.54	1986
300m	Gwen Torrence (Georgia)	37.35	1987
440y	Sharrieffa Barksdale (Tennessee)	54.16	1984
500m	Sylvia Brydson (LSU)	1:11.74	1987
660y	Cathy Rattray (Tennessee)	1:19.03	1984
880y	Joetta Clark (Tennessee)	2:08.29	1984
1,000y	Linda Detlefsen (Georgia)	2:13.97	1984
1,000m	Alisa Harvey (Tennessee)	2:44.33	1987
1,500m	Alisa Harvey (Tennessee)	4:22.05	1987
Two-Mile	Elizabeth Lynch (Alabama)	9:50.85	1986
Three-Mile	Bernadette Madigan (Kentucky)	15:41.84	1983
Mile Relay	Tennessee (Laughlin, Benjamin, Martin, Oliver)	3:40.64	1986
Two-Mile Relay	Florida (Sa. Braasch, So. Braasch, Crowther, Nash)	8:45.77	1986
4x800m Relay	Florida (Sa. Braasch, So. Braasch, Crowther, Nash)	8:38.26	1987



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SEC Individual Champions

55-Meter Dash

1987	Gwen Torrence, UG	6.60
1988	Pauline Davis, UA	6.75
1989	Dawn Sowell, LS	6.58
1990	Anita Howard, UF	6.72
1991	Michelle Freeman, UF	6.81
1992	Michelle Freeman, UF	6.69
1993	Cheryl Taplin, LS	6.76
1994	Dedra Davis, UT	6.80
1995	Debbie Ferguson, UG	6.78
1996	D'Andre Hill, LS	*6.65
1997	LaKisha Jett, UF	6.83
1998	Debbie Ferguson, UG	6.76
1999	Debbie Ferguson, UG	6.71
2006	Kerron Stewart, AU	6.71

*Converted from 60m

60-Meter Dash

2000	Peta-Gaye Dowdie, LS	7.28
2001	Sa'Donna Thornton, LS	7.29
2002	Muna Lee, LS	7.26
2003	Elva Goulbourne, AU	7.23
2004	Muna Lee, LS	7.17
2005	Fana Ashby, AU	7.21
2007	Kerron Stewart, AU	7.14
2008	Kelly Ann Baptiste, LS	7.13
2009	Samantha Henry, LS	7.21
2010	LaKya Brookins, SC	7.18
2011	LaKya Brookins, SC	7.14
2012	Kai Selvon, AU	7.20
2013	Kimberlyn Duncan, LS	7.24
2014	Dezerea Bryant, UK	7.16
2015	Remona Burchell, AU	7.08
2016	Mikiah Brisco, LS	7.18
2017	Aleia Hobbs, LS	7.18
2018	Mikiah Brisco, LS	7.10
2019	Kortnei Johnson, LS	7.23
2020	Tamara Clark, UA	7.27
2021	Joella Lloyd, UT	7.15
2022	Alia Armstrong, LS	7.11

55-Meter Hurdles

1987	LaVonna Martin, UT	7.50
1988	LaVonna Martin, UT	7.68
1989	Tananjalyn Stanley, LS	7.68
1990	Cinnamon Sheffield, LS	7.69
1991	Michelle Freeman, UF	7.56
1992	Michelle Freeman, UF	7.36
1993	Monifa Taylor, UF	7.83
1994	Gudrun Arnardottir, UG	7.77
1995	Gudrun Arnardottir, UG	7.69
1996	Kim Carson, LS	*7.40
1997	Lacena Golding, AU	7.51
1998	Lacena Golding, AU	7.47
1999	Joyce Bates, LS	7.61
2006	Beau Walker, UA	7.53

*Converted from 60m

60-Meter Hurdles

2000	Vonnette Dixon, AU	8.00
2001	Jackie Madison, SC	8.16
2002	Lolo Jones, LS	8.21

2003	Lolo Jones, LS	8.10
2004	Lolo Jones, LS	8.05
2005	Beau Walker, UA	8.16
2007	Jessica Ohanaja, LS	8.03
2008	Jessica Ohanja, LS	8.11
2009	Celrice Law, UT	8.16
2010	Kimberley Laing, UA	8.23
2011	Jasmin Stowers, LS	8.12
2012	Jasmin Stowers, LS	8.03
2013	Jasmin Stowers, LS	8.06
2014	Kendra Harrison, UK	7.94
2015	Kendra Harrison, UK	7.92
2016	Mikiah Brisco, LS	8.05
2017	Jasmine Camacho-Quinn, UK	8.02
2018	Jasmine Camacho-Quinn, UK	7.98
2019	Payton Chadwick, AR	8.02
2020	Tonea Marshall, LS	7.89
2021	Milan Young, LS	8.03
2022	Grace Stark, UF	7.91

200-Meter Dash

1988	Pauline Davis, UA	23.37
1989	Dawn Sowell, LS	22.87
1990	Esther Jones, LS	23.45
1991	Esther Jones, LS	23.95
1992	Michelle Freeman, UF	23.56
1993	Juliet Campbell, AU	23.17
1994	Stacy Bowen, UA	23.84
1995	Debbie Ferguson, UG	23.56
1996	D'Andre Hill, LS	23.22
1997	Astia Walker, LS	23.23
1998	Astia Walker, LS	23.15
1999	Peta-Gaye Dowdie, LS	22.99
2000	Peta-Gaye Dowdie, LS	23.09
2001	Muna Lee, LS	23.11
2002	Muna Lee, LS	22.91
2003	Muna Lee, LS	23.26
2004	Veronica Campbell, AR	22.67
2005	Hazel-Ann Regis, LS	23.02
2006	Kerron Stewart, AU	23.11
2007	Kerron Stewart, AU	22.46
2008	Courtney Champion, UT	23.23
2009	Samantha Henry, LS	23.45
2010	Shaniqua Ferguson, AU	23.14
2011	Kimberlyn Duncan, LS	22.78
2012	Kimberlyn Duncan, LS	23.07
2013	Kimberlyn Duncan, LS	22.54
2014	Kamaria Brown, AM	22.50
2015	Kyra Jefferson, UF	23.02
2016	Felicia Brown, UT	22.45
2017	Jada Martin, LS	22.92
2018	Lynna Irby, UG	22.66
2019	Tamara Clark, UA	22.90
2020	Abby Steiner, UK	22.57
2021	Abby Steiner, UK	22.50
2022	Abby Steiner, UK	22.09

400-Meter Dash

1987	Denise Mitchell, UF	53.17
1988	Denise Mitchell, UF	53.46
1989	Opal Cunningham, LS	54.55
1990	Dianne Dunrod, UA	53.02

1991	Diane Francis, UA	52.70
1992	Heather Van Norman, LS	53.05
1993	Youlanda Warren, LS	54.19
1994	Debbie Parris, LS	54.05
1995	Gudrun Amardottir, UG	54.11
1996	Gudrun Amardottir, UG	53.19
1997	LaTarsha Stroman, LS	52.45
1998	Ryan Tolbert, VU	53.12
1999	Miki Barber, SC	53.58
2000	Miki Barber, SC	51.97
2001	Demetria Washington, SC	52.06
2002	Demetria Washington, SC	52.13
2003	Hazel-Ann Regis, LS	52.80
2004	Hazel-Ann Regis, LS	51.13
2005	Tiandra Ponteent, UF	51.47
2006	Patricia Hall, UT	52.67
2007	Natasha Hastings, SC	51.38
2008	Trish Bartholomew, UA	52.10
2009	Joanna Atkins, AU	52.61
2010	Shelise Williams, AR	53.21
2011	Shelise Williams, AR	52.20
2012	Rebecca Alexander, LS	52.77
2013	Regina George, AR	51.40
2014	Kamaria Brown, AM	50.94
2015	Shamier Little, AM	51.37
2016	Taylor Ellis-Watson, AR	51.84
2017	Daina Harper, AR	52.03
2018	Sydney McLaughlin, UK	50.52
2019	Lynna Irby, UG	52.02
2020	Alexis Holmes, UK	52.08
2021	Talitha Diggs, UF	51.14
2022	Alexis Holmes, UK	50.77

800-Meter Run

1987	Evelyn Adiru, UA	2:07.52
1988	Evelyn Adiru, UA	2:09.16
1989	Sylvia Brydson, LS	2:07.68
1990	Valerie Bertrand, UT	2:09.19
1991	Nekita Beasley, UF	2:06.52
1992	Nicole Teter, AR	2:05.24
1993	Vicky Lynch, UA	2:06.38
1994	Marie Olhund, UA	2:06.43
1995	Mary McClung, UG	2:09.59
1996	Hazel Clark, UF	2:05.08
1997	Hazel Clark, UF	2:04.27
1998	Hazel Clark, UF	2:03.92
1999	Hazel Clark, UF	2:01.04
2000	Tamieka Grizzle, UF	2:05.93
2001	Kamille Bratton, UF	2:09.35
2002	Marian Burnett, LS	2:06.20
2003	Marian Burnett, LS	2:05.42
2004	Nicole Cook, UT	2:05.34
2005	Nicole Cook, UT	2:00.75
2006	Shay Shelton, SC	2:07.53
2007	LaTavia Thomas, LS	2:05.76
2008	LaTavia Thomas, LS	2:06.56
2009	Phoebe Wright, UT	2:02.39
2010	Phoebe Wright, UT	2:01.47
2011	Chanelle Price, UT	2:05.10
2012	Charlene Lipsey, LS	2:05.55
2013	Charlene Lipsey, LS	2:02.48
2014	Stephanie Brown, AR	2:03.21

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2015	Chrishuna Williams, AR	2:02.95
2016	Morgan Schuetz, LS	2:05.68
2017	Jazmine Fray, AM	2:02.62
2018	Sammy Watson, AM	2:04.25
2019	Jazmine Fray, AM	2:05.42
2020	Amber Tanner, UG	2:04.35
2021	Athing Mu, Texas A&M	1:58.40
2022	Shafiqua Maloney, AR	2:02.10

Mile Run

1984	Linda Detlefsen, UG	4:45.68
1985	Christine Slythe, LS	4:38.67
1986	Elizabeth Lynch, UA	4:35.06
1988	Sherry Hoover, UK	4:43.89
1989	Lisa Breiding, UK	4:38.37
1990	Jasmin Jones, UT	4:43.92
1991	Patty Wiegand, UT	4:43.13
1992	Marie Ohlund, UA	4:43.05
1993	Marny Westphal, UF	4:51.20
1994	Becki Wells, UA	4:44.96
1995	Trine Pilskog, AR	4:49.47
1996	Becki Wells, UF	4:44.03
1997	Becki Wells, UF	4:40.47
1998	Amy Yoder, AR	4:50.22
1999	Jessica Koch, AR	4:44.62
2000	Tracy Robertson, AR	4:41.12
2001	Lilli Kleinmann, AR	4:48.60
2002	Erin Merten, UF	4:36.89
2003	Tiffany McWilliams, MS	4:35.21
2004	Tiffany McWilliams, MS	4:35.91
2005	Erica Sigmont, AR	4:54.40
2006	Natalie Picchetti, UG	4:49.17
2007	Sarah Bowman, UT	4:44.47
2008	Sarah Bowman, UT	4:37.16
2009	Sarah Bowman, UT	4:41.35
2010	Charlotte Browning, UF	4:37.29
2011	Cory McGee, UF	4:52.69
2012	Kristen Gillespie, AR	4:34.49
2013	Cory McGee, UF	4:35.33
2014	Grace Heymsfield, AR	4:34.82
2015	Dominique Scott, AR	4:32.49
2016	Marta Freitas, MS	4:38.21
2017	Karissa Schweizer, MO	4:37.44
2018	Nikki Hiltz, AR	4:34.37
2019	Lauren Gregory, AR	4:39.50
2020	Carina Viljoen, AR	4:40.19
2021	Krissy Gear, AR	4:34.72
2022	Sintayehu Vissa, UM	4:33.96

3,000-Meter Run

1987	Lisa Breiding, UK	9:15.69
1988	Heidi Olafsdottir, UA	9:32.66
1989	Valeria McGovern, UK	9:42.60
1990	Patty Wiegand, UT	9:19.85
1991	Patty Wiegand, UT	9:28.49
1992	Claire Lavers, AR	9:24.56
1993	Coralena Velsen, UF	9:31.60
1994	Becki Wells, UA	9:24.97
1995	Sarah Schwald, AR	9:42.48
1996	Becki Wells, UF	9:29.24
1997	Becki Wells, UF	9:23.50
1998	Amy Yoder, AR	9:37.96
1999	Jessica Koch, AR	9:33.09
2000	Lilli Kleinmann, AR	9:26.75

2001	Lilli Kleinmann, AR	9:22.82
2002	Andreina Byrd, AR	9:31.61
2003	Christin Wurth, AR	9:23.36
2004	Brooke Novak, UT	9:27.24
2005	Felicia Guliford, UT	9:34.46
2006	Penny Splichal, AR	9:21.56
2007	Sarah Bowman, UT	9:20.43
2008	Sarah Bowman, UT	9:28.29
2009	Sarah Bowman, UT	9:21.66
2010	Charlotte Browning, UF	9:21.77
2011	Jackie Areson, UT	9:10.49
2012	Kristen Gillespie, AR	9:20.86
2013	Cally Macumber, UK	9:15.66
2014	Cory McGee, UF	9:10.48
2015	Dominique Scott, AR	9:17.24
2016	Chelsea Blaase, UT	9:20.57
2017	Karissa Schweizer, MO	9:18.32
2018	Karissa Schweizer, MO	9:00.56
2019	Taylor Werner, AR	9:15.57
2020	Katie Izzo, AR	9:09.02
2021	Joyce Kimeli, AU	8:56.02
2022	Lauren Gregory, AR	8:59.28

5,000-Meter Run

1987	Tricia Clifford, UF	17:06.00
1988	Elsbeth Turner, UA	16:17.68
1989	Kristi Orr, UK	16:59.00
1990	Valerie McGovern, UK	15:53.34
1991	Valerie McGovern, UK	16:12.23
1992	Jamie Park, AR	16:49.25
1993	Deena Drossin, AR	16:34.40
1994	Deena Drossin, AR	16:30.22
1995	Megan Flowers, AR	16:28.69
1996	Deena Drossin, AR	16:43.88
1997	Megan Flowers, AR	16:35.22
1998	Lindsey Rodgers, AU	16:59.39
1999	Amy Yoder, AR	16:44.13
2000	Amy Yoder, AR	16:18.38
2001	Lilli Kleinmann, AR	16:39.36
2002	Andreina Byrd, AR	16:35.29
2003	Christin Wurth, AR	16:30.41
2004	Caity Phillips, UK	16:29.90
2005	Felicia Guliford, UT	16:43.15
2006	Penny Splichal, AR	16:09.14
2007	Jill Steffens, UG	16:37.99
2008	Denise Bargiachi, AR	16:25.34
2009	Christine Kalmer, AR	16:20.06
2010	Jackie Areson, UT	16:15.12
2011	Liz Costello, UT	16:27.54
2012	Florence Ngetich, UF	16:12.64
2013	Laura Carleton, LS	16:18.20
2014	Dominique Scott, AR	16:00.73
2015	Hillary Montgomery, AM	16:16.00
2016	Chelsea Blaase, UT	16:22.32
2017	Taylor Werner, AR	16:04.05
2018	Megan Cunningham, MO	15:56.76
2019	Taylor Werner, AR	16:18.39
2020	Katie Izzo, AR	15:48.34
2021	Joyce Kimeli, AU	15:46.88
2022	Mercy Chelangat, UA	15:43.64

4x400-Meter Relay

1987	Tennessee	3:36.97
1988	LSU	3:38.70

1989	LSU	3:40.02
1990	Alabama	3:39.20
1991	Alabama	3:40.54
1992	Tennessee	3:39.26
1993	Auburn	3:39.48
1994	Alabama	3:39.64
1995	LSU	3:37.40
1996	Kentucky	3:38.08
1997	LSU	3:35.72
1998	LSU	3:40.95
1999	LSU	3:32.06
2000	Florida	3:35.40
2001	South Carolina	3:32.73
2002	South Carolina	3:34.74
2003	South Carolina	3:32.90
2004	LSU	3:29.42
2005	LSU	3:29.06
2006	LSU	3:33.40
2007	LSU	3:29.86
2008	LSU	3:31.89
2009	South Carolina	3:33.50
2010	Arkansas	3:34.61
2011	Arkansas	3:31.01
2012	LSU	3:34.02
2013	Arkansas	3:29.60
2014	Florida	3:30.16
2015	Arkansas	3:30.79
2016	Tennessee	3:30.56
2017	LSU	3:31.50
2018	LSU	3:30.85
2019	Texas A&M	3:29.15
2020	Alabama	3:29.36
2021	Arkansas	3:28.50
2022	Arkansas	3:24.09

Distance Medley Relay

1984	Florida	11:49.25
1985	LSU	11:37.24
1986	Alabama	11:24.87
1987	Florida	11:16.93
1988	Kentucky	11:32.34
1989	Kentucky	11:33.19
1994	Alabama	11:27.20
1995	Auburn	11:35.69
1996	Florida	11:32.64
1997	Florida	11:30.52
1998	Arkansas	11:32.80
1999	Florida	11:22.63
2000	Arkansas	11:27.97
2001	Arkansas	11:40.39
2002	Auburn	11:41.00
2003	Mississippi State	11:26.39
2004	Tennessee	11:16.61
2005	Tennessee	11:40.94
2006	Kentucky	11:34.46
2007	Tennessee	11:24.35
2008	Tennessee	11:26.26
2009	Tennessee	11:23.43
2010	Tennessee	11:14.59
2011	Tennessee	11:05.37
2012	Tennessee	11:12.23
2013	Florida	11:13.45
2014	Florida	11:08.11
2015	Arkansas	11:19.86



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2016	Arkansas	11:14.46
2017	Mississippi State	11:09.18
2018	Missouri	11:08.18
2019	Arkansas	11:21.98
2020	Arkansas	11:19.51
2021	Alabama	10:59.21
2022	Ole Miss	10:56.39

High Jump

1984	Yutta Shelton, UA	5-9.50
1985	Disa Gisladottir, UA	6-1.50
1986	Laura Mazingo, UT	5-8.75
1987	Kym Carter, LS	6-0.75
1988	Sissy Costner, AU	5-9.25
1989	Kristin Adler, UA	5-11.25
1990	Maria Galloni, UF	6-0.75
1991	Maria Galloni, UF	5-10
1992	Maria Galloni, UF	6-0.75
1993	Gai Kapernick, LS	6-0
1994	Raina Turner, UK	5-11.50
1995	Gail Kapernick, LS	5-9.25
1996	Marvena Almond, UT	5-11.50
1997	Magon Moncrieffe, AU	5-9
1998	Gretchen Francois, LS	6-0
1999	Keisha Spencer, LS	5-11.25
2000	Latifah Long, UG	5-11.50
2001	Latifah Long, UG	5-10
2002	Janet Crawford, UK	5-8.50
2003	Janet Crawford, UK	5-11.25
2004	Hyleas Fountain, UG	5-10.50
2005	Krystle Moss, UF	5-11.25
2006	Levern Spencer, UG	6-2
2007	Patricia Sylvester, UG	6-0.50
2008	Brittney Reese, UM	6-2
2009	Raevan Harris, AU	6-0.75
2010	Brittani Carter, LS	5-11.25
2011	Brittani Carter, LS	6-0.75
2012	Krystle Schade, UA	6-2
2013	Jeannelle Scheper, SC	6-1.50
2014	Leontia Kallenou, UG	6-2.75
2015	Leontia Kallenou, UG	6-2.75
2016	Nakita Gray, SC	5-11.5
2017	Madeline Fagan, UG	6-1.5
2018	Logan Boss, MS	6-3.25
2019	Abigail O'Donoghue, LS	5-11.5
2020	Ellen Ekholm, UK	6-3.25
2021	Tyra Gittens, AM	6-2.25
2022	Lamara Distin, AM	6-3.25

Long Jump

1984	Cathy Barber, UK	19-2
1985	Sheila Echols, LS	20-4.50
1986	Claire Conner, LS	20-2.50
1987	Sheila Echols, LS	21-11.75
1988	Flora Hyacinth, UA	20-8
1989	Angela King, AU	20-6.50
1990	Laketa Ziegler, AU	20-2.50
1991	Dahlia Duhaney, LS	20-10.75
1992	Dionne Rose, UF	20-9.75
1993	Daphnie Saunders, LS	20-10
1994	Daphnie Saunders, LS	22-4.50
1995	Karen Boone, LS	19-11.50
1996	Colleen Gillies, AU	19-11.50
1997	Jerna Wright, UF	20-6.25

1998	Lacena Golding, AU	21-8.25
1999	Monique Freeman, LS	21-2
2000	Tasha Mahone, UG	21-0.50
2001	Tasha Mahone, UG	21-1.50
2002	Elva Goulbourne, AU	22-8
2003	Elva Goulbourne, AU	22-1.50
2004	Hyleas Fountain, UG	21-1.50
2005	Tianna Madison, UT	22-0.50
2006	Jovane Jarrett, AU	20-8.50
2007	Brittney Reese, UM	21-9.50
2008	Brittney Reese, UM	22-6.50
2009	Peter-Gaye Beckford, AR	20-9.25
2010	Shara Proctor, UF	21-2.75
2011	Jennifer Clayton, LS	20-3.50
2012	Whitney Jones, AR	20-5.25
2013	Chanice Porter, UG	21-0.50
2014	Rochelle Farquharson, MS	21-0.75
2015	Sha'Keela Saunders, UK	21-6
2016	Quanesha Burks, UA	22-1.75
2017	Sha'Keela Sauders, UK	22-4.5
2018	Kate Hall, UG	21-9.5
2019	Rayvon Grey, LS	25-9.5
2020	Deborah Acquah, AM	21-2
2021	Tyra Gittens, AM	21-8.75
2022	Jasmine Moore, UF	22-1.75

Triple Jump

1984	Sharon Clarke, LS	40-8.50
1986	Sharon Clarke, LS	42-7
1987	Flora Hyacinth, UA	42-4
1988	Flora Hyacinth, UA	43-7.75
1989	Flora Hyacinth, UA	43-7.25
1990	Leah Kirklin, UF	41-5
1991	Camille Jackson, LS	42-0.75
1992	Leah Kirklin, UF	43-7.75
1993	Daphine Saunders, LS	42-8.25
1994	Daphine Saunders, LS	43-5.75
1995	Icolyn Kelly, UG	42-7.50
1996	Suzette Lee, LS	44-8.25
1997	Suzette Lee, LS	45-10.50
1998	Valerie Williams, UK	41-2.50
1999	Keisha Spencer, LS	43-3
2000	Keisha Spencer, LS	46-0.50
2001	Bianca Rockett, LS	43-3
2002	Shelly Gallimore, AU	45-5
2003	Simidele Adeagbo, UK	43-9.25
2004	Shelly-Ann Gallimore, AU	44-4
2005	Jovane Jarrett, AU	42-7.50
2006	Michelle Vaughn, AU	43-1.75
2007	Michelle Vaughn, AU	43-8.50
2008	Andrea Linton, LS	44-6.25
2009	Shara Proctor, UF	43-8
2010	Shara Proctor, UF	44-2.75
2011	Colleen Felix, UG	44-3.50
2012	Colleen Felix, UG	42-8.25
2013	LaQue Moen-Davis, AM	44-2
2014	Ciarra Brewer, UF	44-7
2015	Keturah Orji, UG	45-0.25
2016	Keturah Orji, UG	46-2.5
2017	Keturah Orji, UG	46-11.75
2018	Keturah Orgi, UG	46-6.25
2019	Yanis David, UF	45-5
2020	Jasmine Moore, UG	45-1
2021	Jasmine Moore, UG	45-10

2022	Jasmine Moore, UF	46-3.5
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Shot Put

1984	Pat Walsh, UT	52-8
1985	Cindy Crapper, UK	52-1
1986	Teresa Williford, LS	55-2.50
1987	Teresa Williford, LS	51-10
1988	Colleen Rosensteel, UF	50-3.50
1989	Colleen Rosensteel, UF	48-6
1990	Laurie Trapp, LS	46-11.50
1991	Shannon Emory, UA	50-2
1992	Danyel Mitchell, LS	50-3.50
1993	Danyel Mitchell, LS	51-10
1994	Danyel Mitchell, LS	54-5.50
1995	Alana Preston, UT	52-10.75
1996	Crystal Brownlee, SC	52-5
1997	Kristin Heaston, UF	54-11.50
1998	Crystal Brownlee, SC	54-10.25
1999	Rhonda Hackett, UG	52-1.75
2000	Safiya Ingram, UA	52-11
2001	Lynette Keppeler, SC	51-6.25
2002	Candice Scott, UF	53-6.50
2003	Karen Freberg, UF	54-6.50
2004	Kimberli Barrett, UF	58-5.25
2005	Candice Scott, UF	57-3
2006	Aymara Albury, UA	54-8.75
2007	Ashley Muffet, UK	56-8.50
2008	Annie Alexander, UT	57-2
2009	Mariam Kevkhishvili, UF	58-10.25
2010	Mariam Kevkhishvili, UF	59-4.25
2011	Wilamena Hopkins, UA	54-7.50
2012	Annie Alexander, UT	55-11.75
2013	Hilenn James, UG	55-0.75
2014	Kearsten Peoples, MU	58-5.25
2015	Tori Bliss, LS	60-1
2016	Raven Saunders, UM	56-8.5
2017	Raven Saunders, UM	62-6.75
2018	Lloydricia Cameron, UF	57-11
2019	Portious Warren, UA	56-9.25
2020	Latavia Maines, UT	55-3
2021	Latavia Maines, UT	58-5.25
2022	Jalani Davis, UM	58-0.5

Weight Throw

1996	Dawn Ellerbe, SC	68-11.75
1997	Dawn Ellerbe, SC	68-8
1998	Lisa Misipeka, SC	67-7
1999	Joyce Owes, UF	65-8.50
2000	Amber Crumbo, AR	59-5.75
2001	Candice Scott, UF	61-6.25
2002	Candice Scott, UF	73-8
2003	Erin Gilreath, UF	70-9.25
2004	Candice Scott, UF	74-7.25
2005	Candice Scott, UF	79-5.25
2006	Jenny Dahlgren, UG	73-3.25
2007	Jenny Dahlgren, UG	72-2.25
2008	Shawneise Williams, UF	62-8.50
2009	Juliana Smith, UM	62-3
2010	Kristin Smith, UK	65-6.75
2011	Fidela James, UF	65-0
2012	Favian Cowards, MS	66-5
2013	Denise Hinton, LS	69-6
2014	Denise Hinton, LS	73-11
2015	Kearsten Peoples, MU	73-8

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2016	Beckie Famurewa, UK	68-7
2017	Janeah Stewart, UM	76-0.75
2018	Janeah Stewart	75-8
2019	Stamatia Scarvelis, UT	78-11.25
2020	Shey Taiwo, UM	74-6.5
2021	Jasmine Mitchell, UM	76-3
2022	Jasmine Mitchell, UM	76-10.5

Pole Vault

1998	Leslie Henley, UT	11-5.75
1999	Kylene Nixon, SC	12-2.75
2000	Laura Hawkins, UF	12-11.75
2001	Thorey Ellisdottir, UG	14-5.25
2002	Megan Westfall, UF	13-3.50
2003	Stacie Manuel, AR	13-8.25
2004	Fanni Juhasz, UG	13-10.50
2005	Stacie Manuel, AR	13-4.50
2006	Kierney Jackson, UG	13-0.75
2007	Natalie Moser, UF	13-8.25
2008	Katie Stripling, AR	13-6.50
2009	Rachel Laurent, LS	14-0.50
2010	Tina Sutej, AR	14-7.50
2011	Tina Sutej, AR	14-10.75
2012	Tina Sutej, AR	14-11
2013	Alexis Paine, UA	13-8.50
2014	Morgann Leleux, UG	14-4.50
2015	Sandi Morris, AR	15-3.50
2016	Alexis Weeks, AR	14-8.25
2017	Victoria Weeks, AR	15-0
2018	Olivia Gruver, UK	15-3.75
2019	Alexis Jacobus, AR	15-4.25
2020	Lisa Gunnarsson, LS	14-7.5
2021	Julia Fixsen, UG	14-5.25
2022	Elien Vekemans, AR	14-8

Pentathlon

1987	Cheryl Wilson, LS	3,994
1988	Rhonda Phillips, LS	3,677
1989	Cheryl Wilson, LS	4,002
1990	Tonya Lee, UT	4,061
1991	Tonya Lee, UT	4,196
1992	Sharon Jaklofsky, LS	4,212
2003	Hyleas Fountain, UG	4,164
2004	Hyleas Fountain, UG	4,417
2007	Shaunette Davidson, LS	3,896
2008	Etienne Chaplain, AR	4,095
2009	Ashley Trimble, UK	3,991
2010	Kettiany Clarke, SC	4,064
2011	Precious Nwokey, UK	4,185
2012	Makeba Alcide, AR	4,126
2013	Makeba Alcide, AR	4,569
2014	Erica Bougard, MS	4,458
2015	Kendell Williams, UG	4,519
2016	Kendell Williams, UG	4,420
2017	Kendell Williams, UG	4,686
2018	Taliyah Brooks, AR	4,422
2019	Kelsey Herman, AR	4,330
2020	Tyra Gittens, AM	4,391
2021	Anna Hall, UG	4,521
2022	Anna Hall, UF	4,618

60-Yard Dash

1984	Gwen Torrence, UG	6.87
1985	Gwen Torrence, UG	6.81

1986	Gwen Torrence, UG	6.67
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60-Yard Hurdles

1984	Tonya Lowe, UK	7.84
1985	LaVonna Martin, UT	7.68
1986	Rosalind Council, AU	7.67

300-Yard Dash

1984	Mary Bolden, UT	34.94
1985	LaVonna Martin, UT	34.16
1986	Gwen Torrence, UG	33.54

300-Meter Dash

1987	Gwen Torrence, UG	37.35
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440-Yard Dash

1984	Sharrieffa Barksdale, UT	54.16
1985	Lillie Leatherwood-King, UA	54.74
1986	Denise Mitchell, UF	54.36

500-Meter Run

1987	Sylvia Brydson, LS	1:11.74
1988	Schowonda Williams, LS	1:12.21
1989	Sylvia Brydson, LS	1:11.84

660-Yard Run

1984	Cathy Rattray, UT	1:19.03
1985	Piper Bressant, UF	1:20.40
1986	Schowonda Williams, LS	1:19.22

880-Yard Run

1984	Joetta Clark, UT	2:08.29
1985	Kathy Harris, UT	2:11.51
1986	Evelyn Adiru, UA	2:09.21

1,000-Yard Run

1984	Linda Detlefsen, UG	2:31.97
1985	Christine Slythe, LS	2:27.13
1986	Alisa Harvey, UT	2:28.11

1,000-Meter Run

1987	Alisa Harvey, UT	2:44.33
1988	Patty Wiegand, UT	2:51.87
1989	Jasmin Jones, UT	2:47.87

1,500-Meter Run

1987	Alisa Harvey, UT	4:22.05
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Two-Mile Run

1984	Alison Quelch, UT	10:08.80
1985	Shelly Steely, UF	9:57.10
1986	Elizabeth Lynch, UA	9:50.85

Three-Mile Run

1983	Bernadette Madigan, UK	15:41.84
1984	Beth Farmer, UF	15:49.88
1985	Beth Farmer, UF	16:09.68
1986	Audrey Pierce, UK	15:57.20

Mile Relay

1984	Tennessee	3:41.78
1985	Tennessee	3:44.45
1986	Tennessee	3:40.64

Two-Mile Relay

1984	Tennessee	8:47.98
1985	LSU	8:51.66
1986	Florida	8:45.77

4x800-Meter Relay

1987	Florida	8:38.26
1988	Tennessee	8:43.17
1989	Kentucky	8:42.44
1990	Tennessee	8:45.43
1991	Tennessee	8:42.67
1992	Alabama	8:46.80
1993	Alabama	8:51.97





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SEC Honors and Awards

Cliff Harper Trophy (High-Points Scorer)

1984	Linda Detlefsen, UG	20
	Shelly Steely, UF	20
1985	Shelly Steely, UF	30
1992	Michelle Freeman, UF	30
1993	Daphnie Saunders, LS	20
1994	Daphnie Saunders, LS	20
	Becki Wells, UA	20
1995	Icolyn Kelly, UG	23
1996	Becki Wells, UF	30
1997	Becki Wells, UF	22.5
1998	Amy Yoder, AR	22.5
1999	Keisha Spencer, LS	24
2000	Tracy Robertson, AR	26
2001	Lilli Kleinmann, AR	30
2002	Andreina Byrd, AR	28
2003	Christin Wurth, AR	28
	Elva Goulbourne, AU	28
	Hyleas Fountain, UG	28
2004	Hyleas Fountain, UG	44
2005	Felicia Guliford, UT	20
	Candice Scott, UF	20
2006	Kerron Stewart, AU	22
2007	Patricia Sylvester, UG	26
2008	Brittney Reese, UM	31
2009	Sarah Bowman, UT	22.5
2010	Charlotte Browning, UF	20
	Shara Proctor, UF	20
2011	Fidela James, UF	18
	Liz Costello, UT	18
2012	Kristen Gillespie, AR	22
2013	Kimberlyn Duncan, LS	21.5
2014	Cory McGee, UF	20.5
2015	Erica Bougard, MS	21.25
2016	Chelsea Blaase, UT	20
	Mikiah Brisco, LS	20
2017	Karissa Schweizer, MO	20
2018	Lynna Irby, UG	18
	Mikiah Brisco, LS	18
	Janeah Stewart, UM	18
	Keturah Orji, UG	18
2019	Yanis David, UF	20
	Taylor Werner, AR	20
2020	Tyra Gittens, AM	21
2021	Tyra Gittens, AM	23
2022	Lauren Gregory, AR	20
	Jasmine Moore, UF	20

SEC Coach of the Year

1990	Beverly Kearney, UF
1991	Beverly Kearney, UF
1992	Beverly Kearney, UF
1993	Pat Henry, LS
1994	Doug Williamson, UA
	Pat Henry, LS
1995	John Mitchell, UG
1996	Pat Henry, LS
1997	Tom Jones, UF
1998	Lance Harter, AR
	Pat Henry, LS
1999	Pat Henry, LS
2000	Lance Harter, AR

2001	Lance Harter, AR
2002	Tom Jones, UF
2003	Tom Jones, UF
	Pat Henry, LS
2004	Tom Jones, UF
2005	J.J. Clark, UT
2006	Wayne Norton, UG
2007	J.J. Clark, UT
2008	Dennis Shaver, LS
2009	J.J. Clark, UT
2010	Mike Holloway, UF
2011	Dennis Shaver, LS
2012	Mike Holloway, UF
2013	Lance Harter, AR
2014	Lance Harter, AR
2015	Lance Harter, AR
2016	Lance Harter, AR
2017	Lance Harter, AR
2018	Lance Harter, AR
2019	Lance Harter, AR
2020	Lance Harter, AR
2021	Lance Harter, AR
2022	Lance Harter, AR

SEC Athlete of the Year

1993	Monifa Taylor, UF
1994	Daphnie Saunders, LS
1995	Sarah Schwald, AR
1996	Dawn Ellerbe, SC
1997	Dawn Ellerbe, SC
1998	Hazel Clark, UF
1999	Hazel Clark, UF
2000	Amy Yoder, AR
2001	Demetria Washington, SC
2002	Elva Goulbourne, AU
	Muna Lee, LS
2003	Elva Goulbourne, AU

SEC Runner of the Year

2004	Veronica Campbell, AR
2005	Tiandra Ponteene, UF
2006	Shalonda Solomon, SC
2007	Kerron Stewart, AU
2008	Kelly Ann Baptiste, LS
2009	Sarah Bowman, UT
2010	Phoebe Wright, UT
2011	Jackie Areson, UT
2012	Kristen Gillespie, AR
2013	Kimberlyn Duncan, LS
2014	Kamaria Brown, AM
	Cory McGee, UF
2015	Remona Burchell, UA
	Dominique Scott, AR
2016	Mikiah Brisco, LS
2017	Karissa Schweizer, MO
2018	Karissa Schweizer, MO
2019	Payton Chadwick, AR
2020	Katie Izzo, AR
2021	Athing Mu, AM
2022	Abby Steiner, UK

SEC Field Athlete of the Year

2004	Hyleas Fountain, UG
2005	Tianna Madison, UT
2006	Jennifer Dahlgreen, UG
2007	Patty Sylvester, UG
2008	Brittney Reese, UM
2009	Mariam Kevkhishvili, UF
2010	Shara Proctor, UF
2011	Tina Sutej, AR
2012	Tina Sutej, AR
2013	Makeba Alcide, AR
2014	Erica Bougard, MS
2015	Erica Bougard, MS
	Sandi Morris, AR
2016	Keturah Orji, UG
2017	Keturah Orji, UG
2018	Keturah Orji, UG
2019	Yanis David, UF
2020	Tyra Gittens, AM
2021	Tyra Gittens, AM
2022	Jasmine Moore, UF

SEC Freshman of the Year

2000	Shelly-Ann Gallimore, AU
2001	Muna Lee, LS
2002	Lashinda Demus, SC
2003	Stacie Manuel, AR

SEC Freshman Runner of the Year

2004	Tiandra Ponteene, UF
2005	Courtney Champion, UT
2006	Shannon Leinert, UF
2007	Latavia Thomas, LS
2008	Jeneba Tarmoh, UT
2009	Nadonna Rodrigues, SC
2010	Lanie Whittaker, UF
	Regina George, AR
2011	Cory McGee, UF
2012	Erika Rucker, SC
2013	Shaunae Miller, UG
2014	Rebekah Greene, UF
2015	Brooke Feldmeier, UM
2016	Diamond Spaulding, AM
2017	Taylor Werner, AR
2018	Sydney McLaughlin, UK
2019	Lauren Gregory, AR
2020	Grace Stark, UF
2021	Athing Mu, AM
2022	Sydney Thorvaldson, AR

SEC Freshman Field Athlete of the Year

2004	Jenny Dahlgren, UG
2005	Shaka Dennison, UF
2006	Levern Spencer, UG
2007	Shara Proctor, UF
2008	Annie Alexander, UT
2009	Rachel Laurent, LS
	Ellen Wortham, UT
2010	Krystle Schade, UA
2011	Fabia McDonald, UM
2012	Erica Bougard, MS
2013	LaQue Moen-Davis, AM

2014 Kendell Williams, UG
 2015 Keturah Orji, UG
 2016 Lexi Weeks, AR
 2017 Louisa Grauvogel, UG
 2018 Amanda Froeynes, UF
 Tara Davis, UG
 2019 Madi Malone, AU
 2020 Jasmine Moore, UG
 2021 Monique Hardy, KS

2022 Elena Kulichenko, UG

SEC Scholar-Athlete of the Year

2015 Sandi Morris, AR
 2016 Taylor Ellis-Watson, AR
 Cornelia Griesche, MS
 2017 Tori Weeks, AR
 2018 Keturah Orji, UG
 2019 Taylor Werner, AR

2020 Jessica Drop, UG
 Daija Lampkin, UA
 2021 Katie Izzo, AR
 2022 Abby Steiner, UK

SEC Athletes of the Week

2000 - 1/19 - Keisha Spencer, LS; 1/26 - Heather Sumpter, UT; 2/2, Miki Barber, SC; 2/9 - Peta-Gaye Dowdie, LS; 2/16 - Keisha Spencer, LS and Amy Yoder, AR

2001 - 1/16 - Teneeshia Jones, UM; 1/23 - April Steiner, AR; 1/30 - Thorey Ellisdottir, UG; 2/6 - Muna Lee, LS; 2/13 - Demetria Washington, SC; 2/20 - Lynette Keppeler, SC

2002 - 1/16 - Candice Scott, UF; 1/23 - Demetria Washington, SC; 1/30 - Lilli Kleinman, AR; 2/6 - Aleen Bailey, SC; 2/13 - Muna Lee, LS; 2/20 - Kylene Kownurko, VU

2003 - 1/15 - Aleen Bailey, SC; 1/22 - Tiffany McWilliams, MS; 1/29 - Muna Lee, LSU; 2/5 - April Steiner, AR; 2/12 - Jukina Dickerson, UF; 2/19 - Christin Wurth, AR

2004 - 1/21 - Kim Barrett, UF; 1/28 - Nicole Cook, UT/ Candice Scott, UF; 2/4 - Dee Dee Trotter, UT/Hyleas Fountain, UG; 2/11 - Muna Lee, LS/Candice Scott, UF; 2/18 - Veronica Campbell, AR/Jenny Dahlgren, UG; 2/24 - Lolo Jones, LS/Karen Freberg, UF
 2005 - 1/18 - Nicole Cook, UT/Candice Scott, UF; 1/25 - Hazelann Regis, LS/ Liz Wanless, UF; 3/1 - Nicole Cook, UT/Liz Wanless, UF; 2/8 - Hazelann Regis, LS/Candice Scott, UF; 2/17 - Fana Ashby, AU/Tianna Madison, UT; 2/23 - Toyin Olupona, UT/Candice Scott, UF.

2006 - Amberly Nesbitt, SC/Jenny Dahlgren, UG; Cleo Tyson, UT/Chelsea Hammond, SC; Shalonda Solomon, SC/Ariel Brooks, UT; Shalonda Solomon, SC/Levern Spencer, UG; Shalonda Solomon, SC/Kathy Coleman, LS.

2007 - 1/17 - Courtney Champion, UT/Shawnesie Williams, UF; 1/24 - Shalonda Solomon, SC/Jennifer Dahlgren, UG; 1/31 - Katie Van Horn, UT/Patricia Sylvester, UG; 2/7 - Natasha Hastings, SC/Miruna Mataoanu, UA; 2/14 - Shalonda Solomon, SC/Ashley Muffet, UK; 2/21 - Tivannia Thompson, AR/Precious Akins, SC

2008 - 1/15 - Lynn Layne, UT/Katie Stripling, AR/Annie Alexander, UT; 1/22 - Saman-

tha Henry, LS/Levern Spencer, UG/Lakya Brookins, SC; 1/29 - Samantha Henry, LS/Mariam Kevkhishvili, UF/Annie Alexander, UT; 2/5 - Sarah Bowman, UT/Katelyn Rodrigue, LS/Liene Karsuma, UF; 2/12 - Kelly Ann Baptiste, LS/Levern Spencer, UG/ Annie Alexander, UT; 2/19 - Jenna Martin, UK/Brittney Reese, UM/Jeneba Tarmoh, UT

2009 - 1/20 - Sarah Bowman, UT/Raevan Harris, AU/Nadonia Rodrigues, SC; 1/27 - Sarah Bowman, UT/Mariam Kevkhishvili, UF/ Genevieve LaCaze, UF; 2/3 - Sarah Bowman, UT/Mariam Kevkhishvili, UF/ Chanelle Price; 2/10 - LaTavia Thomas, LS/Katie Stripling, AR/Tina Sutej, AR; 2/17 - Joanna Atkins, AU/ Shara Proctor, UF/Rachel Laurent, LS

2010 - 1/19 - LaKya Brookins, SC and Sheni-qua Ferguson, AU/ Mariam Kevkhishvili, UF/ Regina George, AR; Phoebe Wright, UT/Tina Sutej, ARK/Stephanie Brown, AR; 2/2 - Jackie Areson, UT/Shara Proctor, UF/Stephanie Brown, AR; 2/9 - Shelise Williams, AR/Shara Proctor, UF/ Takeia Pinckney, LS; Charlotte Browning, UF/Nikola Lomnicka, UG/Reginia George, AR

2011 - 1/18 - LaKya Brookins, SC/Colleen Felix, UG/Cory McGee, UF; 1/25 - Semoy Hackett, LS/Amethyst Holmes, UA/Sanura Ely-O'Reilly, SC; 2/1 - Shelise Williams, AR/ Tina Sutej, AR/Brittany Harrell, UF; 2/8 - LaKya Brookins, SC/Tina Sutej, AR/Jasmine Stowers, LS; 2/15 - Jackie Areson, UT/Tina Sutej, AR/Cory McGee, UF

2012 - 1/17 - Nijgia Snapp, UT/Tina Sutej, AR/Morgann Leleux, UG; 1/24 - Cassandra Tate, LS/Annie Alexander, UT/Taylor Burke, UF and Tori Bliss, LS; 1/31 - Charlene Lipsey, LS/Tina Sutej, AR and Denise Hinton, LS/Keilah Tyson, UK; 2/7 - Kimberlyn Duncan, LS/ Morgann Leleux, UG and Jeanelle Scheper, SC/Morgann Leleux, UG; 2/14 - Kimberlyn Duncan, LS/Radiance Basden, SC/Tynia Gaither, UG.

2013 - 1/15 - Cally Macumber, UK and Cory McGee, UF/Tamara Myers, AR/Larissa Debich, AU; 1/22 - Kimberlyn Duncan, LS

and Regina George, AR/Sandi Morris, AR/ Chanice Porter, UG; 1/29 - Natoya Goule, LS/ Makeba Alcide, AR/Chanice Porter, UG; 2/5 - Kimberlyn Duncan, LS/Denise Hinton, LS/ Shaunae Miller, UG; 2/12 - Regina George, AR/Jeanelle Scheper, SC/LaQue Moen-Davis, AM.

2014 - 1/14 - Regine Williams, AR/Robin Reynolds, UF/Taylor Tubbs, UF; 1/21 - Dominique Scott, AR and Dezerea Bryant, UK/ LaQue Moen-Davis, AM; Leontia Kallenou, UG; 1/28 - Kendra Harrison, UK/Kendell Williams, UG/Kendell Williams, UG; 2/4 - Kamaria Brown, AM/Ciarra Brewer, UF/Skylar Ross-Ransom, UF; 2/11 - Dezerea Bryant, UK/Brea Garrett, AM and Chanice Porter, UG/Precious Holmes, SC; 2/18 - Kamaria Brown, AM/Morgann Leleux, UG/Shamier Little, AM.

2015 - 1/13 - Bridgette Owens, UF/Tori Bliss, LS/Mikiah Brisco, LS; 1/20 - Morgan Schuetz, LS and Dezerea Bryant, UK/Sandi Morris, AR/Keturah Orji, UG; 1/27 - Dominique Scott, AR and Claudia Francis, UF/ Kendell Williams, UG/Keturah Orji, UG; 2/3 - Kyra Jefferson, UF/Sandi Morris, AR/ Daeshon Gordon, LS; 2/10 - Kamaria Brown, AM/Kendell Williams, UG/Keturah Orji, UG; 2/17 - Kyra Jefferson, UF and Dominique Scott, AR/Brea Garrett, AM/Keturah Orji, UG

2016 - 1/12 - Felicia Brown, UT/Logan Boss, MS/Maya Cody, MO; 1/19 - Taylor Ellis-Watson, AR/Raven Saunders, UM/Aliyah Abrams, SC; 1/26 - Felicia Brown, UT/Raven Saunders, UM/Jamie Kempfer, MO; 2/2 - Taylor Ellis-Watson, AR/Raven Saunders, UM/Tori Weeks, AR; 2/9 - Felicia Brown, UT/Chanice Porter, UG/Jazmine Fray, AM; 2/16 - Taylor Ellis-Watson, AR/Raven Saunders, UM/ Lexi Weeks, AR.

2017 - 1/10 - Shania Collins, UT/Tatiana Gusin, UG/Jessica Drop, UG; 1/17 - Veronica Eder, AU/Raven Saunders, UM/Ruby Stauber, LS; 1/24 - Javianne Oliver, UK/Tori Weeks, AR & Mady Fagan, UG/Danyel White, AM; 1/31 - Sharrika Barnett, UF/Tori Weeks, AR & Keturah Orji, UG/Louisa Grauvogel, UG; 2/7 - Danyel White, AM/Janeah Stewart, UM/ Domonique Turner, UT; 2/14 - Jazmine Fray,



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AM/Keturah Orji, UG/Ruby Stauber, LS; 2/21 - Taranisha Taylor, SC/Lexi Weeks, AR/Nickollette Dunbar, LS.

2018 - 1/16 - Mikiah Brisco, LS/Olivia Gruver, UK/Sammy Watson, AM; 1/23 - Aleia Hobbs, LS & Danyel White, AM/Keturah Orji, UG/Tyra Gittens, AM; 1/30 - Lynna Irby, UG & Karissa Schweizer, MO/Janeah Stewart, UM/Tara Davis, UG; 2/6 - Karissa Schweizer, MO; Mikiah Brisco, LS/Janeah Stewart, UM/Sydney McLaughlin, UK; 2/13 - Jasmine Camacho-Quinn, UK/Janeah Stewart, UM/Sydney McLaughlin, UK; 2/20 - Brittley Humphrey, LS/Tiffany Flynn, MS/Janeek Brown, AR.

2019 - 1/15 - Aliyah Abrams, SC/Lexi Jacobus, AR & Stamatia Scarvelis, UT/ Sha'Carri Richardson, LS; 1/22 - Lynna Irby, UG & Kortnei Johnson, LS/Yanis David, UF/ Asia Poe, MS; 1/29 - Kiara Parker, AR/Lexi Jacobus, AR & Tori Hoggard, AR & Lisa Gunnarsson, LS/ Aliyah Whisby, UG; 2/5 - Aliyah Abrams, SC/ Jordan McClendon, MO/ Imani Carothers, UG; 2/12 - Kortnei Johnson, LS & Janeek Brown, AR/Yanis David, UF/ Sha'Carri Richardson, LS; 2/19 - Kortnei Johnson, LS/Taryn Milton, AM/ Sha'Carri Richardson, LS.

2020 - 1/15 - Alexis Holmes, UK (R); Abby O'Donoghue, LS / Lisa Gunnarsson, LS (F); Megan Moss, UK / Jasmine Moore, UG (FR); 1/21 - Tonea Marshall, LS (R); Ellen Ekholm, UK / Deborah Acquah, AM (F); Semira Killebrew, UF (FR); 1/28 - Abby Steiner, UK / Alexis Holmes, UK (R); Ellen Ekholm, UK / Shey Taiwo, UM (F); Jasmine Mitchell, UM (FR); 2/4 - Tonea Marshall, LS (R); Jasmine Moore, UG / Thelma Davies, LS (F); Anna Hall, UG (FR); 2/11 - Tamara Clark, UA (R); Deborah Acquah, AM (F); Kaitlyn Banas, AR (FR); 2/18 - Doneisha Anderson, UF (R); Ellen Ekholm, UK (F); Thelma Davies, LS (FR); 2/25 - Tiana Wilson, AR (R); Lisa Gunnarsson, LS (F); Kristen Masucci, AM (FR).

2021 - 1/19 - Athing Mu, AM (R); Tyra Gittens, AM (F); Jayla Hollis, AR (FR); 1/26 - Lauren Gregory, AR / Athing Mu, AM (R); Madi Malone, AU / Abby O'Donoghue, LS (F); Talitha Diggs, UF (FR); 2/2 - Katie Izzo, AR / Lauren Gregory, AR (R); Tyra Gittens, AM (F); Monique Hardy, LS (FR); 2/9 - Athing Mu, AM / Abby Steiner, UK (R); Hannah Jefcoat, UT (F); Talitha Diggs, UF (FR); 2/16 - Abby Steiner, UK / Grace Stark, UF (R); Shey Taiwo, UM (F); Athing Mu, AM (FR)

2022 - 1/18 - Grace Stark, UF / Shafiqua Maloney, AR (R); Lamara Distin, AM (F); Kennedy Wade, AM / Kenondra Davis, UG (FR); 1/25 - Sintayehu Vissa, UM / Abby Steiner, UK (R); Shey Taiwo, UM (F); Elena Kulichenko, UG / Jayla Jamison, SC (FR); 2/1 - Shafiqua Maloney, AR / Alia Armstrong, LS

(R); Jasmine Moore, UF (F); Parker Valby, UF (FR); 2/8 - Favour Ofili, LS / Charokee Young, AM (R); Lisa Gunnarsson, LS / Madi Malone, AU (F); Bara Sajdokova, AM (FR); 2/15 - Abby Steiner, UK (R); Shey Taiwo, UM (F); Michaela Rose, LS (FR); 2/22 - UM DMR (R); Lyndsey Reed, UM (F); Joanne Reid, AR (FR)



2023 SEC WOMEN'S INDOOR TRACK & FIELD RECORD BOOK

2007		T31. South Carolina	7
2. LSU	33	T35. Auburn	5
3. Tennessee	30	T46. Alabama	3
4. Georgia	28	T52. Ole Miss	1
5. Auburn	26		
T10. South Carolina	20	2014	
T21. Arkansas	9	T3. Georgia	40.5
T21. Florida	9	T3. Florida	40.5
T34. Ole Miss	6	5. Texas A&M	35
		6. Arkansas	30
2008		9. Kentucky	23
2. LSU	43	T10. Mississippi State	18
T8. Florida	19	T12. LSU	16
T8. Tennessee	19	T12. Auburn	16
T13. Ole Miss	17	T16. Missouri	11
T25. Alabama	8	T19. Alabama	10
T29. Arkansas	7	T19. South Carolina	10
T46. Kentucky	4		
T53. South Carolina	3	2015	
		1. Arkansas	63
2009		3. Georgia	37
1. Tennessee	42	4. Florida	36
6. LSU	28	5. Kentucky	35
T12. Florida	14	T9. LSU	18
T12. South Carolina	14	T15. Missouri	14
T20. Arkansas	11	T15. Texas A&M	14
T41. Auburn	5	17. Alabama	13
T45. Ole Miss	4	21. Mississippi State	11
		T38. Vanderbilt	5
2010		T38. Tennessee	5
2. Tennessee	36	T41. Auburn	4
3. LSU	35	T52. Ole Miss	1
4. Florida	33		
6. Auburn	28	2016	
T15. Arkansas	15.5	2. Arkansas	50
19. South Carolina	12	3. Georgia	45
26. Kentucky	9	7. Tennessee	30
T42. Georgia	4	12. Kentucky	17
T52. Ole Miss	2	T14. LSU	15
T60. Alabama	0.5	T14. Florida	15
		T17. Alabama	10
2011		T21. Tennessee	9
3. LSU	37	T25. Vanderbilt	8
4. Arkansas	35	T33. South Carolina	6
T7. Tennessee	24	T36. Texas A&M	5
T23. South Carolina	10		
T23. Ole Miss	10	2017	
T50. Alabama	2	2. Georgia	51
T57. Auburn	1	3. Alabama	37
		5. Arkansas	32.5
2012		6. Kentucky	26
3. LSU	27	T8. Missouri	18
T5. Arkansas	24	T12. Ole Miss	13
9. Florida	22	T12. Texas A&M	13
T28. Georgia	8	T14. Florida	12
T28. Alabama	8	T18. LSU	11
T48. Auburn	3	T21. Mississippi State	10
T48. Tennessee	3	25. South Carolina	9
T62. South Carolina	1	T36. Auburn	6
		T52. Vanderbilt	2
2013			
3. LSU	43	2018	
4. Arkansas	42.5	1. Georgia	61
10. Georgia	22	2. Arkansas	49
12. Texas A&M	18	3. Kentucky	34
13. Florida	17	4. Florida	32
T20. Kentucky	10	6. LSU	29
T20. Mississippi State	10	9. Missouri	20
		T10. Texas A&M	17

NCAA Championship Record Holders

55-Meter Dash			
1987	Gwen Torrence, UG		6.56
60-Meter Hurdles			
2022	Grace Stark, UF (tied)		7.78
200-Meter Run			
2021	Abby Steiner, UK (tied)		22.38
600-Yard Run			
1983	Delisa Walton Floyd, UT		1:20.21
800-Yard Run			
1983	Joetta Clark, UT		2:06.02
Mile Relay			
1983	Tennessee (Rattray, Barksdale, Clark, Floyd)		3:37.08
4x400-Meter Relay			
2021	Texas A&M (Martin, Young, Robinson-Jones, Mu)		3:26.68
Distance Medley Relay			
2009	Tennessee (Wright, Jones, Price, Bowman)		10:50.98
Pole Vault			
2018	Alexis Jacobus, AR		4.66 (15-3.5)
Shot Put			
2017	Raven Saunders, UM		19.56 (64-2.25)
Triple Jump			
2022	Jasmine Moore, UF		14.57 (47-9.75)
Pentathlon			
2021	Tyra Gittens, AM		4,746 pts
T20. Auburn	11	10. Auburn	20
T20. Mississippi State	11	13. Kentucky	17
T35. Ole Miss	6	T16. Alabama	13
T45. Alabama	3	T19. Ole Miss	12
T54. South Carolina	1	T20. South Carolina	10
		T40. Tennessee	3
		T52. Missouri	1
2019			
1. Arkansas	62		
6. Florida	21	2022	
T7. South Carolina	18	1. Florida	68
T7. Alabama	18	3. Kentucky	44
10. Texas A&M	17	4. Arkansas	40
T15. LSU	12	5. LSU	29.5
20. Georgia	11	T6. Ole Miss	29
T21. Kentucky	10	10. Texas A&M	24
T21. Tennessee	10	16. Tennessee	12
T59. Missouri	2	T18. South Carolina	10
T64. Auburn	1	T28. Alabama	6
		46. Georgia	2.2
		T47. Missouri	2
		T51. Auburn	1
2021			
1. Arkansas	68		
2. Texas A&M	57		
3. LSU	39		
5. Georgia	31		
6. Florida	30		



SEC's Individual National Champions

55-Meter Dash

1986	Gwen Torrence, UG	6.62
1987	Gwen Torrence, UG	6.56
1989	Dawn Sowell, LS	6.62
1996	D'Andre Hill, LS	6.69
1998	Kwajalein Butler, LS	6.78
1999	Debbie Ferguson, UG	6.74*

*Converted from 60m time

60-Meter Dash

2003	Muna Lee, LS	7.17
2004	Muna Lee, LS	7.21
2005	Fana Ashby, AU	7.18
2007	Kerron Stewart, AU	7.15
2008	Kelly Ann Baptiste, LS	7.17
2009	LaKya Brookins, SC	7.13
2011	LaKya Brookins, SC	7.09
2014	Remona Burchell, UA	7.11
2015	Remona Burchell, UA	7.12
2018	Aleia Hobbs, LS	7.07

55-Meter Hurdles

1986	Rosalind P.-Council, AU	7.53
1987	LaVonna Martin, UT	7.57
1988	LaVonna Martin, UT	7.56
1989	Tananjalyn Stanley, LS	7.47
1991	Mary Cobb, LS	7.61
1993	Monifa Taylor, UF	7.53
1996	Kim Carson, LS	7.44
1999	Joyce Bates, LS	7.49*

*Converted from 60m time

60-Meter Hurdles

2000	Vonette Dixon, AU	7.94
2003	Lolo Jones, LS	8.00
2015	Kendra Harrison, UK	7.87
2018	Payton Chadwick, AR	7.93
2022	Grace Stark, UF	7.83

200-Meter Dash

1988	Pauline Davis, UA	22.99
1989	Dawn Sowell, LS	22.96
1996	Debbie Ferguson, UG	23.17
1999	Peta-Gaye Dowdie, LS	22.83
2000	Miki Barber, SC	23.06
2002	Muna Lee, LS	22.82
2003	Muna Lee, LS	22.61
2004	Veronica Campbell, AR	22.43
2006	Shalonda Solomon, SC	22.57
2007	Kerron Stewart, AU	22.58
2010	Shaniqua Ferguson, AU	23.09
2011	Kimberlyn Duncan, LS	22.85
2012	Kimberlyn Duncan, LS	22.74
2013	Kimberlyn Duncan, LS	22.58
2014	Dezerea Bryant, UK	22.69
2015	Kyra Jefferson, UF	22.63
2016	Felicia Brown, UT	22.47
2021	Abby Steiner, UK	22.38
2022	Abby Steiner, UK	22.16

400-Meter Dash

1985	Lillie Leatherwood, UA	53.12
1997	LaTarsha Stroman, LS	52.77
2000	Yolanda Brown-Moore, UF	52.85
2001	Demetria Washington, SC	52.37
2005	Tiandra Ponteen, UF	50.91
2007	Natasha Hastings, SC	50.80
2013	Shaunae Miller, UG	50.88
2022	Talitha Diggs, UF	50.98

500-Meter Run

1984	Cathy Rattray, UT	1:10.82
1986	Ilrey Oliver, UT	1:09.68

600-Yard Run

1983	Delisa Walton Floyd, UT	1:20.21
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800-Meter Run

1998	Hazel Clark, UF	2:02.53
1999	Hazel Clark, UF	2:01.77
2002	Marian Burnett, LS	2:05.33
2004	Nicole Cook, UT	2:03.27
2005	Aneita Denton, AR	2:03.65
2008	LaTavia Thomas, LS	2:05.07
2010	Phoebe Wright, UT	2:02.55
2013	Natoya Goule, LS	2:02.00

800-Yard Run

1983	Joetta Clark, UT	2:06.02
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1,000-Meter Run

1984	Joetta Clark, UT	2:43.85
1985	Christine Slythe, LS	2:42.23

Mile Run

1986	Elizabeth Lynch, UA	4:37.73
1997	Becki Wells, UF	4:33.04
2001	Tracy Robertson, AR	4:39.10
2004	Tiffany McWilliams, MS	4:32.24
2009	Sarah Bowman, UT	4:29.72
2010	Charlotte Browning, UF	4:35.66

1,500-Meter Run

1984	Linda Detlefsen, UG	4:21.32
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3,000-Meter Run

1991	Patty Wiegand, UT	9:09.83
1995	Sarah Schwald, AR	9:19.90
2015	Dominique Scott, AR	8:55.19

5,000-Meter Run

1990	Valerie McGovern, UK	15:48.17
2000	Amy Yoder, AR	15:46.89
2011	Jackie Areson, UT	16:04.16
2017	Karissa Schweizer, MO	15:19.14
2021	Joyce Kimeli, AU	15:48.98

High Jump

1983	Disa Gisladdottir, UA	6-2
1990	Sissy Costner, AU	6-2
2007	Patty Sylvester, UG	6-2.25
2014	Leontia Kallenou, UG	6-1.50

2015	Leontia Kallenou, UG	6-4
2017	Madeline Fagan, UG	6-4
2021	Tyra Gittens, AM	6-2.75
2022	Lamara Distin, AM	6-3.5

Long Jump

1987	Sheila Echols, LS	21-6
1993	Daphnie Saunders, LS	21-2.75
1994	Daphnie Saunders, LS	22-1
2002	Elva Goulbourne, AU	21-11
2003	Elva Goulbourne, AU	22-4.75
2004	Hyleas Fountain, UG	21-7.25
2005	Tianna Madison, UT	22-3
2008	Brittney Reese, UM	22-2.25
2016	Quanesha Burks, UA	22-3.75
2017	Sha'Keela Saunders, UK	22-7.75
2018	Kate Hall, UG	22-1
2022	Jasmine Moore, UF	21-6.75

Triple Jump

1989	Flora Hyacinth, UA	44-1.25
1991	Leah Kirklin, UF	43-5.25
1992	Leah Kirklin, UF	43-11.75
1997	Suzette Lee, LS	46-9
2000	Keisha Spencer, LS	46-1.50
2001	GiGi Miller, AR	44-4
2002	Nicole Toney, LS	45-0.25
2003	Elva Goulbourne, AU	45-2.50
2015	Ciarra Brewer, UF	45-11.75
2016	Keturah Orji, UG	46-4
2017	Keturah Orji, UG	46-3.5
2018	Keturah Orji, UG	46-10
2019	Yanis David, UF	46-0.5
2022	Jasmine Moore, UF	47-9.75

Pole Vault

2001	Thorey Elisdottir, UG	14-9.20
2004	Fanni Juhasz, UG	13-11.25
2011	Tina Sutej, AR	14-7.25
2012	Tina Sutej, AR	14-7.25
2015	Sandi Morris, AR	15-1
2016	Lexi Weeks, AR	15-2.25
2017	Lakan Taylor, UA	14-7.25
2018	Alexi Jacobus, AR	15-3.5
2019	Alexis Jacobus, AR	15-1.5
2021	Lisa Gunnarsson, LS	14-11.5

Shot Put

1993	Danyel Mitchell, LS	55-5.75
2008	Mariam Kevkhishvili, UF	58-6
2009	Mariam Kevkhishvili, UF	58-6.50
2010	Mariam Kevkhishvili, UF	61-0
2017	Raven Saunders, UM	64-2.25

Weight Throw

1996	Dawn Ellerbe, SC	67-10.25
1996	Dawn Ellerbe, SC	71-8.75
1998	Lisa Misipeka, SC	70-5.25
2002	Candice Scott, UF	75-7.50
2003	Erin Gilreath, UF	72-3.75
2004	Candice Scott, UF	75-7.50



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2005	Candice Scott, UF	79-3.75
2006	Jenny Dahlgren, UG	78-10.50
2014	Brea Garrett, AM	72-8
2022	Shey Taiwo, UM	83-10

Pentathlon

2004	Hyleas Fountain, UG	4,412 pts
2013	Erica Bougard, MS	4,399 pts
2014	Kendell Williams, UG	4,635 pts
2015	Kendell Williams, UG	4,678 pts
2016	Kendell Williams, UG	4,703 pts
2017	Kendell Williams, UG	4,682 pts
2018	Taliyah Brooks, AR	4,572 pts
2021	Tyra Gittens, AM	4,746 pts
2022	Anna Hall, UF	4,586 pts

4x400-Meter Relay

1984	Tennessee	3:37.04	(Bolden, Oliver, Barksdale, Rattray)
1986	Tennessee	3:34.19	(Oliver, McLaughlin, Benjamin, Martin)
1987	LSU	3:35.49	(Williams, Cunningham, Truvillion, Wofford)
1989	LSU	3:33.98	(Wilson, Cunningham, Brydson, Sowell)
1992	Florida	3:33.10	(Beasley, Freeman, Mitchell, Howard)
1993	LSU	3:33.63	(Hamilton, Duhaney, VanNorman, Warren)
1996	LSU	3:32.53	(Stroman, Walker, Maulseed, Powell)
2001	South Carolina	3:30.08	(Bass, Barber, Griffin, Washington)
2002	South Carolina	3:30.36	(Bass, Demus, Stoddart, Washington)
2006	LSU	3:29.33	(Morris, Broaddus, Rooks, Lawrence)
2008	LSU	3:31.14	(Morris, Wilson, Thomas, Lawrence)
2012	LSU	3:31.89	(Alexander, Tate, Herbert, Day)
2019	South Carolina	3:30.76	(Davis, Abrams, Mills, Jonathas)
2021	Texas A&M	3:26.68	(Martin, Young, Robinson-Jones, Mu)
2022	Arkansas	3:27.23	(Effiong, Hollis, Maloney, Wilson)

Mile Relay

1983	Tennessee	3:37.08	(Rattray Barksdale, Clark, Floyd)
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4x800-Meter Relay

1984	Tennessee	8:40.17	(Davidson, Quelch, Harvey, Clark)
1986	Florida	8:31.74	(Sa.Braasch, Crowder, So.Braasch, Nash)
1991	Tennessee	8:36.32	(Olkowski, Wiegand, Johnson, Jones)

Distance Medley Relay

2004	Tennessee	11:06.07	(Novak, Trotter, Cook, Hyatt)
2008	Tennessee	11:01.97	

2009	Tennessee	10:50.98	(Sheffey, Jones, Wright, Bowman)
	(Wright, Jones, Price, Bowman)		
2010	Tennessee	10:58.37	(Wright, Wortham, Price, Sheffey)
2014	Arkansas	11:05.83	(Heymsfield, Williams, Brown, Scott)
2015	Arkansas	10:51.89	(Kamilos, McKnight, Haiss, Scott)
2022	Arkansas	10:51.37	(Van Camp, Peoples, Gear, Jolly)